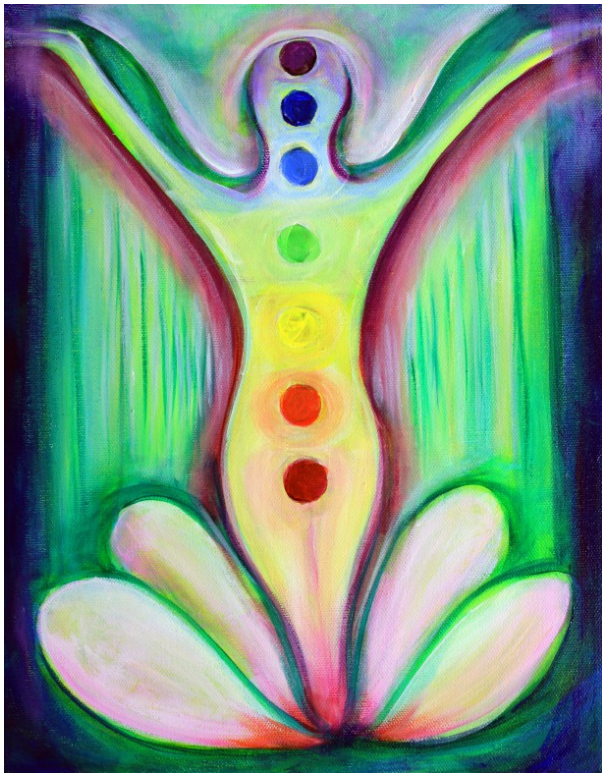


Chakra Odyssey with Nicole



Explore a different
Chakra each month!

March 18	First Chakra
April 15	Second Chakra
May 6	Third Chakra
June 3	Fourth Chakra
July TBD	Fifth Chakra
August TBD	Sixth Chakra
September TBD	Seventh Chakra

March: First Chakra

Sunday, March 18, 2012
1:00 PM—3:00 PM

Earth is the element associated with the first chakra. Allow yourself to sink into the deep support and security of an open and balanced first chakra. Heal anxiety, fear, and grow roots for a firm foundation physically, mentally, and spiritually.

Each workshop can be taken as a stand-alone, or all can be taken together as a series for in-depth study. Pre-Registration Required.

Cost

\$35 for a single workshop
\$90 for three workshops
\$200 for all seven workshops

